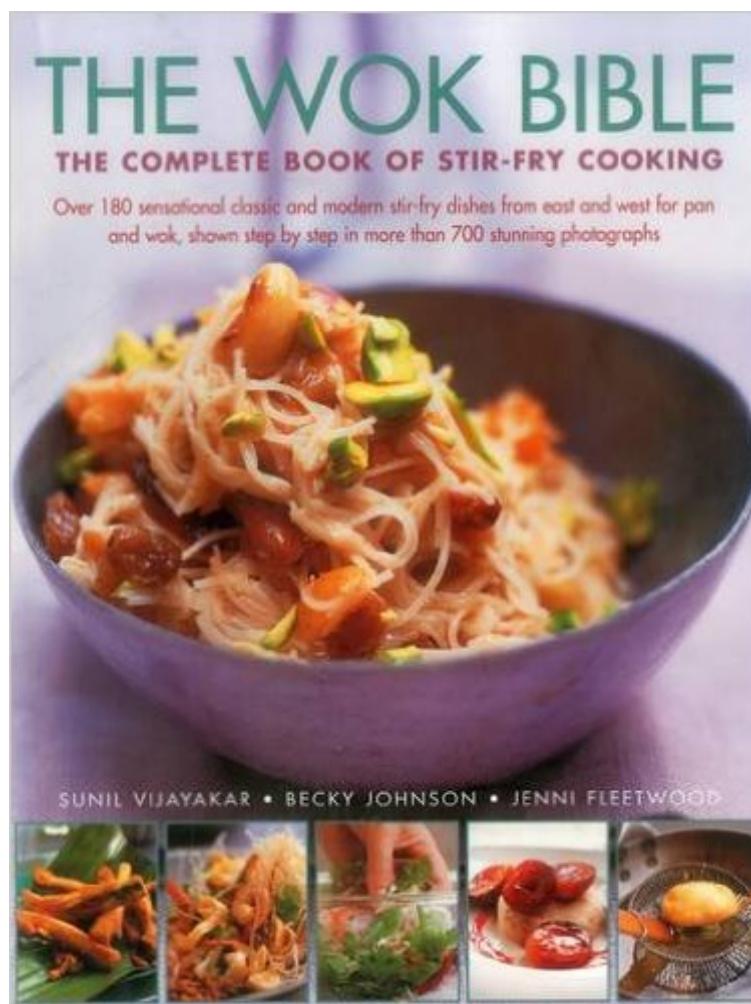


The book was found

The Wok Bible: The Complete Book Of Stir-Fry Cooking



Synopsis

180 sensational stir-fry dishes from east and west for pan and wok, with 700 photographs.

Book Information

Hardcover: 256 pages

Publisher: Lorenz Books; Reissue edition (February 7, 2016)

Language: English

ISBN-10: 1782140646

ISBN-13: 978-1782140641

Product Dimensions: 7 x 0.9 x 8.9 inches

Shipping Weight: 4 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #837,098 in Books (See Top 100 in Books) #80 inÂ Books > Cookbooks, Food & Wine > Asian Cooking > Wok Cookery #207 inÂ Books > Cookbooks, Food & Wine > Asian Cooking > Chinese #2468 inÂ Books > Cookbooks, Food & Wine > Kitchen Appliances

Customer Reviews

I love this book. I have had it for years when I bought it at Borders. My favorite recipe is the chicken and pork adobo. It is a family favorite now. I noticed mainly the recipes are Thai, Filipino, Japanese and Chinese. The Chinese leaf, meatball and noodle broth is really delicious too. Not to hard to make these recipes even though they do have some preparation time to them.

A lot of the Asian cookbooks I've had so far have soup, dumpling, meat and veg dishes, but not much variety in noodle and rice dishes. This one finally gives me a decent variety! Some recipes may need to be adjusted for sugar content (to taste) but the noodles and fried rice dishes alone make this worth the money. The recipes seem to be primarily Chinese and Southeast Asian.

We received this book as a Christmas gift last year and have spent the past year exploring the amazing recipes within. We received rave reviews at our dinner party last night where we made salmon, sesame and ginger fish cakes as well as the lettuce parcels from an international group of friends who are a little intimidated by wok cooking styles. My favorite recipe is the spiced halibut and tomato curry and ginger - it is amazing every time! This book is a very diverse collection of wok recipes and the most frequent book I turn to in my kitchen.

[Download to continue reading...](#)

Wok Cookery : How to Use Your Wok Every Day to Stir-fry, Deep-fry, Steam, and Braise Weight Loss Stir-Frying: 48 Low Carb, Low Fat Recipes for Quick and Easy Wok and Cast Iron Cooking (Wok & Stir-Frying) Stir Crazy! : More than 100 Quick, Low-Fat Recipes for Your Wok or Stir-Fry Pan The Wok Bible: The Complete Book Of Stir-Fry Cooking Stir Fry Cooking: Over 40 Wheat Free, Heart Healthy, Quick & Easy, Low Cholesterol, Whole Foods Stur Fry Recipes, Antioxidants & Phytochemicals: ... & Easy-Low Cholesterol) (Volume 45) Essential Wok Cookbook: A Simple Chinese Cookbook for Stir-Fry, Dim Sum, and Other Restaurant Favorites The Wok Cookbook: Mouth-Watering Stir-Fry Recipes to Spoil Your Family! (Asian Recipes) Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes Wok Cooking Made Easy: Delicious Meals in Minutes [Wok Cookbook, Over 60 Recipes] (Learn to Cook Series) Rice Cooker Recipes - Asian Cooking - Quick & Easy Stir Fry - Low Sugar - Low Sodium: Bonus: Trader Joe's Ingredients Asian Style Recipes (Rice Rice ... - Healthy Eating On a Budget) 100 Quick Stir-Fry Recipes (My Kitchen Table) How to Stir-Fry The Everything Stir-Fry Cookbook (Everything Series) Stir-Fry (Williams-Sonoma Kitchen Library) Easy Stir-Fry Cookbook (The Effortless Chef Series) (Volume 18) Stir Fry Cookbook: Over 110 Quick & Easy Gluten Free Low Cholesterol Whole Foods Recipes full of Antioxidants & Phytochemicals (Natural Weight Loss Transformation) (Volume 100) Wok Cooking for Beginners Wok Wisely: Chinese Vegetarian Cooking Better Homes and Gardens Cooking for Today: Stir-Fries The Complete Wok Cook Book

[Dmca](#)